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# TRUE NORTH

YOUR SOURCE FOR OUTPATIENT SURGERY NEWS



 COMPASS Surgical Partners

Welcome to **True North**, your source for outpatient joint replacement, spine surgery, and other outpatient news and insights. Each month we'll share articles, podcasts, interviews, and videos we've found interesting and valuable. We'll also include a short Compass update. We promise, no more than 5 topics each month.

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# Experience Based Opioid-Sparing Orthopedic Surgical Protocols

*Journal of Orthopaedic Experience & Innovation*

Check out Dr. Scott Sigman's recent article on opioid sparing. Opioid-sparing surgical tactics are safe, effective, and key to minimizing patients' exposure to opioid medications. Read the article for preoperative, intraoperative, and postoperative [protocol specifics](#). For those evaluating an MLS laser and an ASC, consider the impact of co-locating those services.

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## Strong Anesthesia Partners and the Migration of Complex Cases to ASCs

*The Outpatient Compass*

An [interview](#) with Will Bok, MD, of Providence Anesthesiology Associates to discuss the role of anesthesia in the migration of total joint replacement and spine surgery to ASCs. Topics include screening total joint arthroplasty patients, 23-hour stays, and the future of outpatient anesthesia.

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## ASC Ownership and Growth in the U.S.

*Advisory Board*

How is ASC ownership changing? Who are the market players controlling the shift? What are the specialties to watch as ASC utilization grows? [This article](#) from Advisory Board offers some insight.

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# Should Surgeons Self-Manage Their ASC?

*Insights from an ASC Expert*

The answer may surprise you. Scott Bacon of Compass discusses the [three management options](#) to consider.

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## Seeking Large Group Practice Administrators for Collaboration

*A Request*

Each group has a different approach to ASC development and strategic management. We're looking for practice CEOs and administrators interested in collaborating around innovative new models for large group ASC strategy. If you or someone you know would be interested, email Will Holding at [wholding@compass-sp.com](mailto:wholding@compass-sp.com).

Email Will

## Compass News

2021 will include the opening of 4 Compass ASC partnerships. Read [details on three of them](#).

Even though we do it every day, we are always amazed at the skill, expertise, and hard work it takes to do this work well. With growth in our future, we are always looking for great surgery center administrator candidates. Send folks our way!

